

KEY FINDINGS

Overall, the sexual experiences of African, Caribbean, Black, and mixed youth were very similar to those of Canadian youth.¹⁻⁶

African, Caribbean, Black, and mixed youth were also very similar to each other except that:

- African youth waited longer to have vaginal sex.
- African youth had fewer partners than other groups.

Compared to males, **females** tended to wait longer to have sex, had fewer partners, and were less likely to have multiple partners in the same month.

Those who were **younger** the first time they had sex were less likely to be drinking, less likely to have a partner from within the community, and more likely to use a condom. This pattern was the same at most recent sex.

People **born in Canada** had more lifetime partners and were more likely to have multiple partners in the same month. Of those who immigrated to Canada, those who were here longer had more partners.

WHAT DO THESE RESULTS SUGGEST ABOUT SEXUAL HEALTH PROGRAMMING FOR AFRICAN, CARIBBEAN, BLACK, AND MIXED YOUTH?

Comprehensive sexual health programming and services are important.

In focus group discussions, African, Caribbean, Black, and mixed youth spoke of a need for this programming to be more comprehensive, culturally competent sexual health programming and services.

REFERENCES AND ELECTRONIC COPIES OF THIS FACT SHEET ARE AVAILABLE AT:

- <http://www.aidswindsor.org/Programs-and-Services/african-caribbean-services.html>
- <http://www.accho.ca/>

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For information on HIV/AIDS and HIV testing, go to:

- AIDS and Sexual Health Infoline (1-800-668-2437 or <http://sexualhealthontario.ca/>)
- <https://aso411.ca/>
- <http://www.acby.info>
- <http://www.aidswindsor.org>
- <http://www.accho.ca>



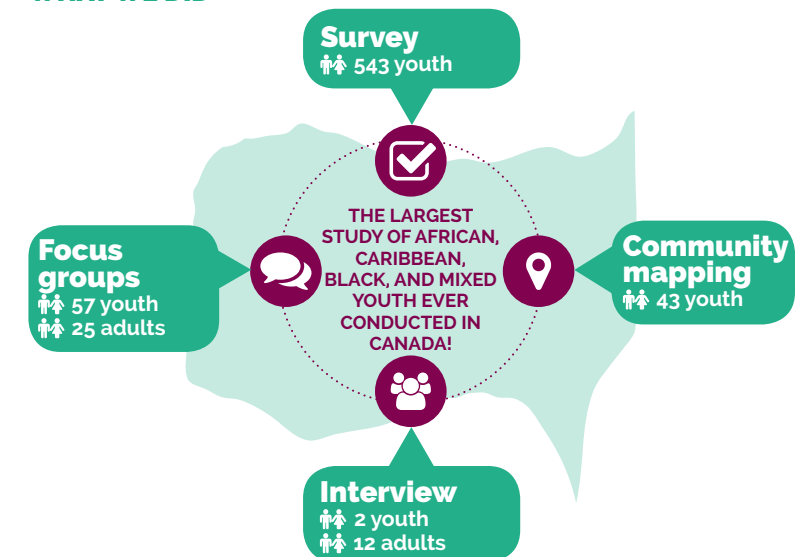
PROMOTING & OWNING EMPOWERMENT & RESILIENCE AMONG AFRICAN, CARIBBEAN, & BLACK YOUTH IN WINDSOR

SNAPSHOT OF SEXUAL EXPERIENCES OF AFRICAN, CARIBBEAN, BLACK, AND MIXED YOUTH

PROJECT BACKGROUND

Funded by the Canadian Institutes of Health Research (CIHR), this community-based research project identified factors that (a) contribute to infection with the human immune-deficiency virus (HIV) and other sexual health outcomes among African, Caribbean, Black, and mixed youth, and (b) reduce vulnerability.

WHAT WE DID



Where? Windsor & Essex County, Ontario.

When? March 2013 to July 2014.

Who? Single African, Caribbean, and Black youth, 16-25 years old.

WHO PARTICIPATED?

11% Black

Their families had lived in North America for at least 2 generations, and their ancestors came from Africa



32% Caribbean

They or their parents were born in the Caribbean



7% Mixed

Only one parent can trace his or her heritage to Africa

50% African

They or their parents were born in Sub-Saharan Africa



20%

In Canada less than 4 years

25%

In Canada 4 years or more

55%

Born in Canada

- 50% female, 50% male; 3% identified as transgender.
- 95% heterosexual, 5% lesbian, gay, bisexual, queer, questioning or asexual.
- 74% Christian, 13% Muslim.
- 86% full-time students, 7% part-time students.
- Of those who were not full-time students, 18% employed full-time, 30% part-time, 52% unemployed.

WHAT'S GOING ON SEXUALLY WITH AFRICAN, CARIBBEAN, BLACK, AND MIXED YOUTH?

Of every 10 youth surveyed:

7 reported oral sex.

1 reported anal sex.

6 reported vaginal sex.

Of every 10 youth reporting vaginal sex:

5 females had more than 4 partners.

5 males had more than 7 partners.

1 female had 2 or more partners in the past month.

7 females had non-relational sex (casual, 1-night stand, or paid)

8 males had non-relational sex

3 females had unwanted or forced sex.

1 male had unwanted or forced sex.

For every 10 youth with anal sex experience:

2 had sex with a same-sex partner.

THE FIRST AND LAST TIMES AFRICAN, CARIBBEAN, BLACK, AND MIXED YOUTH HAD SEX

Of the 273 youth who had vaginal intercourse:

The 1st time they had sex:

13% were drinking alcohol.

9% of females were drunk

5% of males were drunk

85% of females had an African, Caribbean or Black partner.

60% of males had an African, Caribbean or Black partner.

23% used a condom

The last time they had sex:

23% were drinking alcohol

7% of females were drunk

13% of males were drunk

87% of females had an African, Caribbean or Black partner.

61% of males had an African, Caribbean or Black partner.

60% used a condom

WHAT YOUTH SAID IN FOCUS GROUPS

Free-flowing alcohol was important to a good party. Getting drunk often led to hooking up for sex.

Condoms were used mostly for birth control.